



# St John's College

## HAMILTON | NZ

### **PRE-ARRIVAL AND ARRIVAL GUIDE FOR ST JOHN'S COLLEGE INTERNATIONAL STUDENTS**

Congratulations on your decision to study and we're looking forward to meeting you in person at St John's College soon!

Choosing your study destination is a significant choice. When that choice leads you to study in a foreign land, the commitment grows even larger. Our aim is to provide you with comprehensive information to ensure your transition to New Zealand is as seamless as can be. This way, you can step onto St John's fully prepared to embrace both your studies and your life here. At SJC, we offer a diverse curriculum and a wide array of extracurricular activities. Additionally, we collaborate on activities with our sister school, Sacred Heart Girls' College, to enhance the overall learning experience. Our primary aim is to provide guidance to our students, helping them excel academically and prepare for successful futures.

Within this guide, you will discover all the essential information needed to make the most of your time here, including details about support services, school excursions, and the welcoming orientation, among other valuable resources. We eagerly anticipate getting to know you better and providing support throughout your journey at SJC.

#### **ST JOHN'S COLLEGE, HAMILTON**

St John's College is a reputable institution known for its commitment to academic excellence and holistic student development. As a Catholic College for Boys, St John's College embodies strong values and prepares young men to excel in various spheres of life. The college's dedication to

fostering a modern learning environment and providing exceptional facilities ensures that students receive the best possible education.

The college's emphasis on individual care, academic achievement, and personal growth resonates with my own values and goals. I am eager to contribute to the college's legacy and to nurture the potential of each student in my care.

For those curious about St John's College, it is a leading church boys' high school situated adjacent to the University of Waikato in Hamilton. The college boasts a track record of academic, cultural, and sporting successes, making it a formidable institution in the education landscape. With a strong sense of community and a commitment to pastoral care, St John's College stands out as a nurturing and supportive learning environment.

St John's College is a Catholic College for Boys, serving students in Years 9-13 (ages 13 - 18years) Our 925 young men receive targeted individual care. Our boys enjoy a first class academic education within a richly diverse community where young men are prepared for an increasingly challenging world. St John's men are expected to strive for personal excellence in academic, sporting and cultural endeavours in a context of strong Catholic Values.

A modern learning environment, located adjacent to the University of Waikato, our school provides excellent facilities in all technologies, especially ICT, and teachers who model good relationships. St John's develops fine young men ready to make their mark on the world. Our Marist Men leave St John's capable of building strong relationships, highly resilient and confident of their place in the future.



## **THE INTERNATIONAL CENTRE**

We comprise a caring, compassionate, open-minded, and well-informed team dedicated to collaborating with students hailing from diverse corners of the globe. Our aim is to offer valuable guidance to help you acclimate to life at St. John's College and foster a sense of belonging in New Zealand. While embarking on the adventure of living and studying in a foreign land is exhilarating, it can also present its share of challenges. We are here to lend a listening ear, navigate through any hurdles you encounter, and ensure your journey is both enriching and gratifying.

We provide practical advice so you can settle into life at St John's College and feel at home in New Zealand. It is exciting to live and study in a different country, but it can be challenging at times too. We are here to listen, guide you through any issues you may have, and to make sure you have a rewarding and positive experience. We also provide opportunities for you to make friends, celebrate our cultural diversity, and experience some of what New Zealand has to offer, through events and activities.

## **Contacts**

### **Edward Park, Dean of International Students**

Address: 85 Hillcrest, Hillcrest, Hamilton

Mobile: +64 21 059 7127

Email: [international@stjohns-hamilton.school.nz](mailto:international@stjohns-hamilton.school.nz)

### **Messina Carl, Homestay Administrator**

Mobile: +64 21 117 8825

Email: [homestay@stjohns-hamilton.school.nz](mailto:homestay@stjohns-hamilton.school.nz)

## **THE CODE OF PRACTICE 2021**

St. John's College is committed to the provision of the highest standards of student care and support, and is signatory to [the Education \(Pastoral Care of Tertiary and International Learners\) Code of Practice 2021](#) for international students.

The Code of Practice is New Zealand Government's way of making sure international students are looked after and experience a high standard of education in New Zealand. SJC is a signatory to the Code of Practice and The Code sets out the roles and responsibilities of education providers in promoting and supporting your wellbeing, safety, and academic success.

Under the Code, St John's College will help you to:

- be safe, both physically and mentally
- feel respected and accepted for who you are
- feel supported in your learning and wellbeing
- stay connected to your social and cultural networks
- have your say in decisions about services.



### **PRE-ARRIVAL CHECKLIST**

- Letter of Offer and receipts for payment of tuition and accommodation fees
- Passport, Travel insurance, Medical records and any other essential information
- Credit card(s) and/or some New Zealand currency for when you first arrive
- Receipts of your belongings, for example laptop, camera, etc. This will make it easier for you to claim on insurance if these get lost, stolen or damaged
- Homestay contacts information
- Photos of family and National costume or any other traditional items so that you can participate in our multi-cultural days or other cultural events (optional)
- Laptop computer and cellular phone with the world-wide electrical plug adapter for New Zealand (optional)
- Appropriate clothing and personal items

### **PREPARING TO COME TO ST JOHN'S COLLEGE HAMILTON, NEW ZEALAND**

Once you have paid your tuition fees and have your student visa, you will need to plan and prepare your move to New Zealand. There are some important steps that you will need to complete,

including arranging your accommodation, booking flights to New Zealand and organising your medical and travel insurance.

### **Step 1. Apply for your student visa and NZeTA**

1. You can apply for your Student Visa with your Offer of Place and Receipt, and the Bank Statement which is the evidence that you have enough money for living expenses, with a minimum of \$NZ 17,000 for each year. etc. You can find how to apply for your Online Visa Application at INZ (<https://www.immigration.govt.nz/new-zealand-visas/visas/visa/full-fee-paying-student-visa> and

ENZ Visa Information

<https://www.studywithnewzealand.govt.nz/en/how-to-apply/plan-your-study-experience/visas>)

2. Getting permission to enter New Zealand: To enter the New Zealand border, you must have a visa or NZeTA (New Zealand Electronic Travel Authority). You can apply for the NZeTA by online at <https://nzeta.immigration.govt.nz/>.

### **Step 2. Arrange your accommodation**

It is important for you to find a Homestay before you arrive in New Zealand. The International Department team can help you find it.

Homestay Accommodation: Immerse Yourself in New Zealand Culture.

Experience the warmth of New Zealand hospitality by choosing our homestay accommodation option. In a homestay, you'll become a member of a welcoming Kiwi family, sharing their home and daily life. You'll enjoy the comfort of your own room and be treated to three wholesome meals each day. However, it's important to note that you'll also be expected to contribute to household chores and prepare your breakfast and lunch.

Living in a homestay comes with certain guidelines and house rules, which may include limits on internet usage and the duration of showers or television time. Depending on the location of your homestay, you might need to use public buses or ride a bike to reach your university campus.

To ensure the best possible match, please provide detailed information about your interests and any special dietary or health requirements when selecting this option. It's important to mention that due to limited availability, not all applicants can be accommodated in homestays. To secure your homestay placement, you must submit an International Homestay Application Form at least three weeks before your arrival in New Zealand. Additionally, you'll need to pay a placement fee along with the first four weeks of your homestay accommodation when submitting the form.

For international students, homestays are the default choice, as they offer an invaluable opportunity to enhance and practice your language skills. Choose the homestay experience and embrace New Zealand culture during your stay

### **Step 3. What to Bring**

Pack your Luggage: What to Pack: The dress standard in New Zealand is casual compared to other parts of the world.

- Clothing
  - Spring and Summer (September-February):

- Lightweight clothing and layers
  - Light waterproof jacket
  - Beach clothes
  - Swimsuit
  - Sunhat and sunglasses
- Autumn and Winter (March-August):
  - Warm woollen clothes
  - Waterproof jacket
  - Hat, gloves, and scarf
- Consider bringing smart clothing for formal events or job interviews.
- Voltage/Electricity
  - Electricity in New Zealand: 230/240 volts (50 hertz)
  - Power outlets accept flat three- or two-pin plugs
  - Bring an adaptor for your devices
  - Consider purchasing small appliances locally (e.g., hairdryer).
- Medicines
  - When bringing medication:
    - Keep it in the original container with the label intact
    - Ensure your name is clearly stated on the label
    - Carry a copy of the prescription or a doctor's letter explaining the necessity
    - Limit supply to no more than a 3-month dosage
    - Declare medication on your Passenger Arrival Card
  - Verify the legality of your medication in New Zealand with the New Zealand Embassy in your home country before departure.

#### What Not to Pack: Restricted and Banned Items

- Restricted Items
  - Prescription drugs (with a doctor's letter)
  - Firearms/weapons
  - Flammable goods (e.g., gas cookers, lighters)
  - Exceeding NZD\$10,000 cash or equivalent in foreign currency
  - Animals or insects (alive or dead)

- Feathers, shells, plants, or flowers
- Fresh foods, including meat
- Certain packaged goods (e.g., specific cheeses)
- Biosecurity
  - Strict quarantine laws at New Zealand international airports
  - Declare all foods, plants, or animal goods upon arrival, including items received from airlines
  - Be prepared for inspections of camping equipment, hiking boots, and sports gear.
  - For more information, visit [MPI New Zealand](#) or [Items to Declare](#).

#### **Step 4. Arrange the Airport Transfer to Hamilton**

To ensure you have the best start to your time in New Zealand, we can arrange transfers from the Airport direct to your place of accommodation.

#### **Step 5. Airport Arrival Process**

##### **Airport Arrival:**

##### **1. Passenger Arrival Card**

- During your flight, you will receive a Passenger Arrival Card to complete.
- The card will require your personal information, including your passport number and nationality.
- You'll also need to provide your residential address while studying in New Zealand.
- If you need assistance understanding the card, don't hesitate to ask airline staff on your flight.
- Examples of the card in different languages can be found here: [Passenger Arrival Card Examples](#)
- For different language versions, visit: [Language Versions](#)

##### **2. Passport Control**

- Upon disembarking, proceed to Passport Control with your completed Passenger Arrival Card, passport, and student visa documents.
- The Passport Control Officer will welcome you to New Zealand and verify your documents.

##### **3. Collect Your Bags**

- Follow signs to the Baggage Reclaim Area.
- Check the large TV screens for your designated baggage collection point.

- Special desks are available for fragile or oversized items, and free trolleys are provided for transporting your luggage.
- Be aware that biosecurity dogs may inspect bags for specific odors like fresh fruit and meat in this area.

#### 4. Customs and Biosecurity

- Head to Customs and Biosecurity after collecting your bags.
- Present your Passenger Arrival Card to the staff.
- If you have any uncertainties about items in your luggage, inform the staff.

Once processed, you can go out through the Arrival Gate to meet your Airport Shuttle driver or Homestay family or your family.



#### Step 6. Enrol at St John's

Once you arrive in New Zealand, the next step is to make sure you are fully enrolled at St John's College. Please visit us to finalise your enrolment. International and admissions team provide you with essential information you need to have at the beginning of your education journey with us and will help make sure you have a positive experience. This is also a great way to meet your fellow international students and make new friends. We will introduce you to the services, support and facilities available to you at SJC.

1. **International Buddy Programme:** Our International Buddy Programme, designed by students for international and English language students, eases your transition into the new environment. You'll be paired with a senior student who will act as a guide and support



person during your first trimester. Together, you'll socialize with other participants and make lasting friendships.

2. **Student Learning Services:** If at any time you need help with your studies, the St John's College Student Learning Services Teachers are available to help. You can come to the library building to make an appointment. Teachers support you with individual or small group tutoring, peer tutoring, understanding your topics, including introduction to study in New Zealand, reading and essay writing, science, mathematics, time management and advanced study skills.
3. **Uniforms:** Every student has the responsibility to represent himself, his family and his College well by being correctly and tidily dressed at all times, especially in public when travelling to and from College. Click here [Uniform Expectations](#) to know where to buy and what to buy the uniform.

## CONTACT US

If you have any questions or concerns, please contact our dedicated International Department Team, they will happily assist and guide you through the process.

### Edward Park, Dean of International Students

Address: 85 Hillcrest, Hillcrest, Hamilton 3262, New Zealand

Mobile: +64 21 059 7127

**School Reception:** (07) 856 7091

## EXPLORING NEW ZEALAND



Embrace the Full Experience of Life in New Zealand!

New Zealand offers a wealth of exciting opportunities waiting to be explored. Your biggest challenge when planning your adventure in New Zealand will be deciding where to start!

For more information about the incredible wonders that New Zealand has to offer, visit the official travel website:

[www.newzealand.com/int/](http://www.newzealand.com/int/)

Ensuring Your Safety in the Great Outdoors of New Zealand:

[www.newzealand.com/int/feature/safety-in-the-outdoors/](http://www.newzealand.com/int/feature/safety-in-the-outdoors/)

Embarking on a journey to live in another country is a significant step. It takes time to acclimate to your new surroundings, but rest assured, we are dedicated to helping you settle in and make the most of your time in New Zealand.

**Weather:** New Zealand is known for its 'four seasons in one day' weather, meaning conditions can change rapidly. Be prepared for the New Zealand climate by packing layered clothing and always having an umbrella on hand, even during summer.

**Clothing:** When packing, include attire for all seasons. In addition to light clothing for summer, bring sweaters, a warm coat, a raincoat, a woolen hat, gloves, and a scarf. While New Zealand students generally dress casually, having at least one formal outfit for special occasions is advisable. Don't forget to bring traditional attire for cultural functions and celebrations.

**Religion:** New Zealand welcomes people of all faiths, with churches, temples, mosques, synagogues, and worship centres available for most religions. We observe Christian holidays and celebrate other religious holidays within our diverse community.

**Sports and Recreation:** Sports and outdoor activities are an integral part of life in New Zealand. Rugby enjoys immense popularity, but you'll also find avid followings for cricket, football (soccer), rowing, netball, and basketball. Tramping (hiking), camping, skiing, and numerous beaches for swimming and diving offer ample recreational opportunities.

**Food:** Supermarkets offer fresh produce, meat, fish, and poultry. Specialty stores catering to Thai, Chinese, Indian, and halal cuisines provide additional options. Your food expenses will vary based on your choices. Dining out can be pricey, so honing your cooking skills as an independent student is an excellent way to manage expenses.

**Electricity:** Consider plug shapes and voltage when packing electrical items. It's a good idea to purchase a travel adapter to fit New Zealand sockets. Small appliances like hair dryers and clocks are affordable here, so it's convenient to buy them upon arrival.

**Social and Cultural Activities:** New Zealanders come from diverse ethnic backgrounds, including Māori, European, Asian, and Pacific Islander. We celebrate this diversity through various events such as concerts, art exhibitions, food and wine festivals, Asian festivals, Māori cultural gatherings, and more. Check the Hamilton and Tauranga tourism pages for event schedules: [visithamilton.co.nz](http://visithamilton.co.nz) or [bayofplentynz.com](http://bayofplentynz.com)

**Money:** Bring some New Zealand currency with you. Exchange currency from your home country or use currency exchange services at the airport upon arrival. Major credit cards are widely accepted, but inform your bank of your travel plans to avoid issues. Carrying a small amount of cash and obtaining a New Zealand bank card upon arrival is recommended. You'll need to open a bank account, provide proof of a permanent address, and show photographic identification, such as your passport, to do so.

**Personal Space and Touching:** New Zealanders like a large area of 'personal space', so when talking with someone, it is a good idea to stand a few feet away from that person.

**Making friends:** New Zealanders are known for their friendly and welcoming nature. They often engage in light-hearted banter and have warm smiles, yet they may take some time to develop deep friendships. It's highly valuable to connect with New Zealanders and make an effort to get to know them better. Expanding your social circle is key, so don't hesitate to meet a variety of people. Building

one friendship can pave the way for more, and don't worry about making English language mistakes; they are valuable learning opportunities that will enhance your communication skills.

**Animals and Pets:** Numerous New Zealanders share their homes with pets, with cats and dogs being the most prevalent among domestic animals. However, it's not uncommon to find people caring for fish, birds, rabbits, and guinea pigs as well. In the rural regions of the country, horses also hold a special place in many households. Dogs, in particular, enjoy immense popularity among New Zealanders. You can often spot them accompanying their owners at the beach, in parks, or along the streets. If you're not accustomed to interacting with dogs, it's advisable to exercise caution when approaching them.

If you discover you are allergic to cat or dog hair, antihistamine tablets can treat this and can be bought at chemists (also known as pharmacies). For guidance on how to handle dogs safely, visit [www.dogsafety.govt.nz](http://www.dogsafety.govt.nz).

**Common things:** In New Zealand, spitting and littering are generally considered offensive behaviours. Many New Zealanders can become quite upset when witnessing such conduct. While it may not be an official rule, a common practice among New Zealanders is to favour the left-hand side of the pavement to minimize the risk of collisions with fellow pedestrians. This principle also applies when navigating a staircase.

New Zealanders have a deep passion for the great outdoors, and a significant portion of their leisure activities and entertainment occur in outdoor settings. Sports hold a special place in their hearts, with rugby, cricket, netball, and basketball being particularly beloved and popular among the populace.

**Punctuality:** In New Zealand, punctuality is highly regarded. If, for instance, you have a scheduled interview or meeting at 3 pm, it is expected that you arrive at exactly 3 pm. If you anticipate being delayed, it is courteous to call and explain the reasons for your tardiness.

**Courtesy:** In New Zealand, the use of polite phrases such as "please" and "thank you" is customary, even for small favours. These expressions of politeness are encouraged in everyday interactions.

**Equality:** New Zealand upholds a strong commitment to equality, regardless of factors such as ethnicity, age, gender, physical appearance, cultural background, or sexual orientation. Discrimination is strictly prohibited by New Zealand law. This means that all individuals are to be treated equally, regardless of their country of origin, and it is essential to extend equal respect and consideration to everyone you encounter.

**Meals and Dining Etiquette:** In New Zealand, punctuality is important when you've been invited to someone's home or have arranged to meet someone for a meal at a specific time. If you have a 3 pm appointment, it's expected that you arrive promptly at 3 pm. If unforeseen delays occur, it's considerate to make a phone call and explain the reasons for your lateness. New Zealanders typically use a combination of knife, fork, and spoon when dining. If you're unsure which utensils to use as a guest, feel free to ask your hosts for guidance. Alternatively, observe the utensils others are using and follow suit. When your host offers you "seconds" or a "second helping," they are kindly inquiring if you'd like more food.

If you have dietary restrictions due to medical, dietary, or religious reasons, it's appreciated to inform your host before the meal. After dining, your host will likely appreciate your offer to assist with dishwashing or drying.

**Household Responsibilities:** In New Zealand, household responsibilities are often shared within families. Children are frequently taught to contribute to household chores and tasks. While some individuals may hire a cleaner who comes weekly to maintain the house, most people take care of their own housework, childcare, and gardening. It's a collaborative effort that fosters a sense of responsibility and shared commitment within the household.

**Sun and Water Safety:** New Zealand has the world's highest skin cancer rate due to the thinness of the ozone layer over the country. Therefore, it's crucial to prioritize sun and water safety when enjoying the outdoors, especially during the summer months. Here are some essential precautions to take:

1. **Sun Protection:** To shield yourself from the sun's harmful UV rays, apply sunscreen with a minimum SPF of 50+ and wear a hat. Reapply sunscreen regularly, especially if you're spending extended periods outdoors. It's advisable to avoid excessive sun exposure, particularly between 11 am and 4 pm when the sun is at its strongest.
2. **Adventure Preparation:** Before embarking on any outdoor adventures in New Zealand, it's wise to visit [www.adventuresmart.org.nz](http://www.adventuresmart.org.nz). This resource provides valuable trip advice to help you adequately prepare for your activities, ensuring a safe and enjoyable experience.
3. **Safety Codes:** Familiarize yourself with the Water Boating and Outdoor Safety codes available on the website mentioned above. These codes offer straightforward guidelines to keep you safe while engaging in various outdoor pursuits.
4. **Water Safety:** When on a boat, always wear a lifejacket for added safety. When swimming, choose beaches that are patrolled by lifeguards to minimize risks and ensure a more secure experience.

By following these precautions and guidelines, you can make the most of New Zealand's outdoor attractions while safeguarding your health and well-being.

#### **Safety Tips:**

- **Nighttime Walks:** When walking at night, choose well-lit areas. If you find yourself leaving class after dark and alone, it's a good practice to inform St John's College Security or walk with a companion for added safety.
- **Share Your Plans:** Before heading out, inform a friend or your host family about your whereabouts and your expected return time.
- **Manage Your Cash:** Avoid carrying large sums of money with you. Opt for a mobile phone or a local telephone card, and ensure you have a map, your address, and phone number handy.
- **Emergency Contact:** Save the St John's College Security number (0800 852 900) in your contacts for any on-campus issues or emergencies.
- **Secure Your Belongings:** Always keep your bag and wallet with you to prevent theft. Safeguard important documents, such as your passport, in a secure location.
- **Bar and Nightclub Safety:** While in bars or nightclubs, maintain control of your food and drink. Purchase your own drinks and ensure they remain within your sight. Avoid drinking from communal water jugs; instead, request a fresh glass of water if needed.

- **Home Security:** Before leaving your residence, remember to close all windows and lock your house or room securely.
- **Emergency Contacts:** In the event of an emergency, dial 111. For reporting non-emergency incidents, use the number 105.

These safety tips are essential for your well-being and security while you're at St John's College in New Zealand.

## **ADJUSTING TO LIFE IN NEW ZEALAND**

At first you are likely to think that everything in New Zealand, the city, your home and the school is wonderful. This does not always last. Some things in New Zealand will be great and there will be things from home that they miss. It is important to remember that this is normal and is the result of adjusting to new circumstances. Neither you nor your student should blame themselves. The school talks about this with the students during the orientation programme.

### **Cultural Shock**

Many students experience some kind of “culture shock” at some stage. With some support from you, the school and their friends (both Kiwi and their own culture), this stage will pass, and the student will be more realistic.

### **Stage of Cultural Shock**

- Everything is wonderful
- Everything is awful and missing family and friends in home country
- Most things are ok, and the student is coping
- The student starts to thrive.

### **How You Can Help**

You can help by talking with your student about their home, customs, family, and asking them about what they notice as differences. Encourage your student to see the differences as neither better nor worse, just different.

### **Ways to adjust to a new culture**

Simply understanding and accepting that there will be uncertainties and confusion, as you settle into life in New Zealand, will help.

#### How to adjust faster

- Observe how people act in certain various situations.
- Avoid judging.
- Acknowledge your progress.
- Notice what you enjoy about the new culture.
- Mix (and share your culture) with domestic students.

- Recognise the advantages of living here.
- Take good care of yourself (exercise, take trips, eat well, connect with your family, do things you enjoy).
- Remind yourself that you will adjust in time.

### **Struggling to adjust?**

Although it may feel scary, the shock will gradually go away as you begin to understand the new culture. However, if you are struggling to adjust and need to talk to someone, please visit our friendly team at the International Centre (B Block, Hamilton City Campus). We are here to help.



### **WHAT'S ON - HAMILTON**

Hamilton, New Zealand's largest inland city, is conveniently located within an hour's drive of some incredible regional destinations.

#### **Transportation:**

- Hamilton also offers a public bus service. The Hamilton public bus transport system is a great way to get around Hamilton. With approximately 30 different bus routes, you should not have a problem finding a bus that will take you where you need to go. It is best to buy a Bee card (for a small fee) as it makes taking the bus easier and cheaper. These can be purchased from the bus station or any bus driver. Discounts for St John's College students are also available. Visit [www.busit.co.nz](http://www.busit.co.nz) for more information on bus routes and how to purchase and register your own BEE card, along with student discounts on bus travel. You can find other regions public transportation information at [www.gobus.co.nz](http://www.gobus.co.nz).

## Shopping:

### Hamilton Events:

- Events and Trip Information: [www.waikatonz.com/events/](http://www.waikatonz.com/events/)
- Trip Information: [www.hamiltonwaikato.com](http://www.hamiltonwaikato.com)

### Shopping Malls & Districts:

- Centre Place: [www.centreplace.co.nz](http://www.centreplace.co.nz)
- Westfield Chartwell: [www.westfield.co.nz/chartwell](http://www.westfield.co.nz/chartwell)
- The Base: [www.the-base.co.nz](http://www.the-base.co.nz)

### Electricity and Accessories:

- New Zealand uses 220-240V AC, 50 Hz, the same as Europe and Australia. You can find adapters, electronics, and small appliances at the following stores:
  - Noel Leeming: [www.noelleeming.co.nz](http://www.noelleeming.co.nz)
  - JB HIFI: [www.ibhifi.co.nz](http://www.ibhifi.co.nz)
  - Harvey Norman: [www.harveynorman.co.nz](http://www.harveynorman.co.nz)

### Supermarkets:

- Several supermarkets are conveniently located near Wintec, including:
  - Countdown: [www.countdown.co.nz](http://www.countdown.co.nz)
  - Pak'NSave: [www.paknsave.co.nz](http://www.paknsave.co.nz)
  - Wellmart Chinese Supermarket
  - Garden Fresh Asian Supermarket
  - New Save Asian Supermarket
  - Firdaus Halal Meats (Butcher Shop)
  - Ilam Halal Meats (Butcher Shop)

### Household Goods:

- If you need to purchase household items such as kitchenware, blankets, and bedding, we recommend the following outlets:
  - K-Mart: [www.kmart.co.nz](http://www.kmart.co.nz)
  - The Warehouse: [www.thewarehouse.co.nz](http://www.thewarehouse.co.nz)
  - Briscoes: [www.briscoes.co.nz](http://www.briscoes.co.nz)

Explore Hamilton and make the most of your time here!

## STUDENT LEARNING SERVICES

If at any time you need help with your studies, the St John's College Student Learning Services Teachers are available to help. You can come to the library building to make an appointment. Teachers support you with individual or small group tutoring, peer tutoring, understanding your topics, including introduction to study in New Zealand, reading and essay writing, science, mathematics, time management and advanced study skills.

## SUMING UP AND WARMEST WELCOME TO ST JOHN'S COLLEGE

Most international students reflect on their time in New Zealand as a rewarding yet challenging experience. Adjusting to a new environment takes time, so don't hesitate to seek assistance from the St John's College International Department, teachers, admissions, classmates and homestay families if needed. While your studies are crucial, remember to engage at school lessons and off-school activities, explore new places, meet people, and broaden your horizons. These experiences will make your time at St John's College memorable. During challenging times, whether you're homesick, stressed, discouraged, or feeling down, seek assistance promptly, as small issues can escalate if not addressed. We're here to help, so please don't hesitate to ask. Best wishes for your time at St John's College!"



# St John's College