



PREPARING YOUNG MEN FOR LIFE



BOOST IN FUNDING FOR GULLY PROJECT

Pg. 6

EVOLOCITY

Pg. 14

A NAIL BITING FINISH TO THE 1ST XV SEASON

Pg. 7

OLD BOY UPDATES

CHANEL SHIELD





MESSAGE FROM THE PRINCIPAL



"As men we have a chance to reflect that we have such an important role to play and that hopefully we have had a positive influence on our boys"

DEAR PARENTS AND COMMUNITY OF SAINT JOHN'S COLLEGE

I write this article on a wet Sunday Father's day evening. The tradition in our household is that on Father's day I get to choose what the family do. This year we all attended Mass together and then my two boys and I went to a movie. As a parent of boys my lot is no different to all the other dads and caregivers out there reading this. We love our boys but there are times when parenting is hard work. The reality is sometimes we make it hard for them and ourselves when we are tired, stressed and distracted and as a result short tempered and impatient. Small things that we might usually ignore or laugh at are a big deal and, worse yet, we might decide at these times to harangue our boys about bigger issues. Clearly these are the worst of times to dredge these up and we risk doing damage to our relationships. Unless you are the perfect dad or caregiver you will recognise yourself in these scenarios, I certainly do. The most important thing is, when the time is right, apologise for getting it wrong and explain why you were angry. How do we expect our boys to become fine young men who in turn will be great fathers to their own families if we don't role model being a good father or male role model capable of making mistakes?

Likewise, when our boys behave poorly (read immaturely) it is important that we are able to explain why they need to change and improve their behaviour and how to do that. What is vital here is the timing, we achieve very little as parents or caregivers, or indeed teachers, when we try to manage this while our boys are angry or upset. It is only when they have a clear head that we will be listened to.

Anyway, back to where I started, father's day is a time when boys acknowledge their dads, caregivers, or positive men in their life and what they have done for them. It is a day where, as men we have a chance to reflect that we have such an important role to play and that hopefully we have had a positive influence on our boys and somehow have helped them to be great fathers when their time comes.

In closing it would be remiss of me to not acknowledge the many boys and families whom for a variety of reasons do not have a father, or father figure, at home. I take my hat off to those of you who are raising our young men without that person. Your role is equally as important and as research shows, young people need at least one positive adult in their lives with whom they can bond with in order to successfully make it through adolescence and be successful later in life. You too are that person.

God Bless

- Shane Tong, Principal



MESSAGE FROM DIRECTOR OF RELIGIOUS STUDIES

The season of Spring conjures up expectations of warmer weather, increased bird song, colourful blossoms and a sense of awe of God's creation. It is also a time of reflection and preparation for senior exams, farewells and prizegivings.

In all the busyness of our lives, let us not forget to keep our eyes focussed on Jesus Christ. In Colossians 1:17, Paul tells us that "He is before all things and in Him all things hold together". This is an awesome revelation and a source of comfort that God our Father holds our lives together in the palm of his hand. Let us take a moment to give thanks for all the Dad's, Grandfathers, uncles, brothers and sons who have and are shaping good men of the future.

In Jeremiah 29:11 it is written "I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Senior students leaving St John's, rely on this promise and place your trust in the Lord that He will bless your future. Let us endeavour to keep Jesus Christ at the centre of our lives and to rely daily on Him for strength, comfort and wisdom.

- Mrs Sonja Maree, Director of Religious Studies



**"He is before all things,
and in him all things
hold together."
- Colossians 1:17**



VOLUNTEER OR DONATE TODAY!

Would you like to help people in need?

Vinnies kids shop in Frankton are in need of more volunteers for their op shop, it is a good way to help out the wider community and also gain yourself some experience to put in your cv!!!

Enquire today and do a good deed.

Society of St Vincent de Paul
222-224 Commerce Street
Hamilton 3204

Contact:
Shop: 07 847 4044





NEXT TERM - KEY DATES

Monday 10 October	Term 4 Starts
Monday 10 October	Scholarship Prep Day
Thursday 13 October	Sports Awards Dinner
Wednesday 26 October	Māori and Pasifika Awards
Wednesday 2 November	Final Mass Senior Reports Home Senior Prizegiving
Thursday 3 November	Junior Study Leave Day Year 13 Leavers Dinner
Friday 4 November	Junior Exam Week Starts
Tuesday 8 November	Year 8 Orientation Day
Wednesday 9 November	NCEA Exams Start
Friday 25 November	Documents Day
Friday 2 December	Year 10 Work Experience
Monday 5 December	Year 9 Activities Week
Tuesday 6 December	Year 10 Camps
Wednesday 14 December	Junior Prizegiving Last day of School

ICAS AUSTRALIAN SCIENCE COMPETITION

The ICAS Science competition for 2016 saw 37 students from year 9 through to year 13 participate. The results however, proved that Science is alive and well at the College. Credit awards (top 20% of students in Australasia) were made to 14 students while there was an award of 3 Distinctions (top 5% of students in Australasia) to Andre Bouma Year 9, Sebastian Manning Year 10, and Tim Manning Year 12. There was also a very special award of a High Distinction (top 1% of student in Australasia) earned by Dominic Beaton Year 10. Congratulations must go to all participants.

CHANEL SHIELD

The annual Chanel Shield competition for 2016 was held at Campion College in Gisborne. Chanel Shield is an inter school competition between five schools in the diocese (including Sacred Heart), and is hosted by one of the five competing schools each year. The event is composed of art, culture, and academically rich activities such as Bible readings, poetry, drama, and debating with school teams ranging from 14-16 specialists that compete in their respective activity specialisation. The shield is awarded to the school with the greatest number of points.

Given that the event was held in Gisborne this year, St John's and Sacred Heart's teams travelled for a lengthy period of almost seven hours to reach the venue. Despite taking home the wooden spoon instead of the shield, St John's took home a sense of pride and respect, earned from the other schools. The event gave opportunity to strengthening the spiritual integrity of both our school and each of our individual selves. It also served as the concluding chapter between old year 13 friends (veterans), as well as marking the beginning of new friendships between year 9s - Chanel Shield's next generation.

Felix Minhinnik did us proud by winning the Māori Perspective speech. The team were there to show their support with a concluding Waita and School Haka.

- Chanel Shield Team 2k16: (Poetry- Senior) Carlos Bergonia





OLD BOY'S NEWS

LOGAN KING

Congratulations to Logan King who received the Cengage Learning Award for Excellence in ECON200 Macroeconomics and the Global Economy. Logan was our Deputy Head boy in 2014.

MATTHEW LEMISIO



Matthew Lemisio

Matt is a lawyer by profession and holds a Bachelor of Laws degree from the University of the South Pacific. He started education at Marist Brothers Mulivai then continued to Chanel College, Samoa College and St John's College in New Zealand.

Matthew Lemisio has been appointed the Electoral Commissioner of Samoa. Matt was the first of the rugby boys that came in 1999 and is the cousin of Dylan Mika. Matt will hold this position for the next three years, after serving as the Acting Commissioner overseeing Samoa's March General Election.

JOHN CRONIN



John Cronin

A number of teachers, whom about 25% of which were priests or brothers, stand out for John. Particularly Brother Osmond McNamara who encouraged the boys to play rugby during RE lessons and Mike Williams who was more of a music mentor than a math teacher!

John has played a key role in the development of the partnership between AUT and St John's College with the appointment of PhD candidate Andrew Pichardo as Director of Athlete Development.

John Cronin has come a long way from his days at St John's where he attended the college between 1973-1977. John has fond memories of his time at St John's in its formative years where he says 'he had a blast, made great friends and had a great time'. Sport ruled during his time at the college which obviously had an impact, with John now an established expert in human movement research and holding the role of Associate Professor at AUT University and Co-Director of AUT Sports Performance Research Institute.

OLD BOY'S FOUNDATION - RACE DAY

Old Boy's, friends of St Johns and past and present staff are invited to join the Old Boy's Foundation Trust at the Te Rapa Races on Saturday 5th November. Tickets for the day are \$20 which includes entry and a light luncheon. For more information, contact Tania Hermann at the school office or email oldboys@stjohns-hamilton.school.nz. Ticket sales close 31 October.

INTERNATIONAL OLD BOYS



Dean of International Students, Mr Donald Stark, says 'it is always good to catch up with our former students and find out what they are doing.'

Four former international students are still studying in Hamilton. (Washington) Shizen Wang and (Henry) Hanjie Yao are both from China, (David) Ta-Yu Huang is from Taiwan and (Bryan) Shee Woei Ong is from Malaysia.

Washington and Henry are both at WINTEC studying Applied Science and Hospitality respectively. David has nearly completed his Management Degree at the University of Waikato and Bryan is also there studying Mathematics. Since their time together at St John's College, they have all remained friends.

KEEP IN TOUCH

Are you part of our Old Boy's network or do you have any Old Boy's news that you'd like to share? If you want to stay in touch and hear about Old Boy's functions, updates etc please contact Tania Hermann, Business Manager with your contact details. Email thermann@stjohns-hamilton.school.nz

HOMESTAY FAMILIES REQUIRED

We are always looking for homestay families for our international students, both long-term and short-term. The student requires his own room and is to be treated as part of your family. You will be paid a generous allowance for this. Since we are not a boarding school, we depend on your support to be able to welcome these students into our school. Homestay guidelines and advice will be given to you. If you are interested, please contact our homestay coordinator for more details or leave your name at the school office.

Mrs Anita Sopers
asopers@stjohns-hamilton.school.nz



CONGRATULATIONS

Congratulations to the following boys who have made representative teams:

Chase Hennessey

– Boys 14yrs U51kg representative NZ Oceania Karate Champs

Tai Wihare

– Waikato U15 Boys Hockey

Patrick Begley

– Waikato U18 Boys Hockey

Brodie Ryan

– U16 Waikato Boys Waterpolo

Corban Hall

– U16 Waikato Boys Waterpolo

Hamish Murray

– Silver U55kg Senior Auckland Judo International Open

Mathew Free

– Gold U60kg Senior Auckland Judo International Open

Jacob Patterson & Alec Warren

– Waikato Indoor Bowls Champs 2016

Jordan Taite

– NZ U19 Select Collegiate Team Baseball

Siave Seti

– Waikato U17 Rugby

Note: please let us know if you are aware of any boys who have made representative teams.

DRAMA TRIP - Q THEATRE, AUCKLAND

"The Curious Incident of the Dog in the Nighttime" by Auckland Theatre Company was a fantastic production to witness. As different as you could get from the style and technologies of Shakespeare's Twelfth Night at the Pop-Up Globe in February. Curious Incident used complicated projected images and a sophisticated soundscape to put the audience into the head of the lead character; an autistic young boy who lives his own detective story and uncovers much more than the perpetrator of the "incident". An incredibly faithful adaptation of the modern classic.

GULLY RESTORATION

Earlier this year we received another boost in funding for our long-term gully restoration project. This funding was thanks to the Hamilton City Council's Single-Year Community grant initiative.

The project has been ongoing for more than a decade and the grant of \$2200 has enabled us to purchase more plants for the area of the gully bordering the University of Waikato. Science Head of Faculty Mr Stephen Wood started the gully project about 14 years ago, identifying an opportunity to enhance the area with planned planting of native species. The restoration forms an important aspect of the school's science curriculum, and the students involved in the project earn credits toward a horticulture course.

About 120 students are involved in the project, from Year 10 to Year 13.

Describing the area as having previously been "a jungle", Mr Wood says a previous Council grant was used to fell a large tree, while the most recent funding was used to purchase several hundred native plants.

"The boys help look after it to ensure the weeds don't come back – we've got every single kind of noxious weed here, except gorse!" Mr Wood says.

The "end game" for the project will see the recently planted area – right alongside the University of Waikato campus – become part of the University's fernery.

The staff and students involved in the project are hopeful of seeing native animals and birds return to the area once the foliage grows.

"We do get quite a few tuis, but they don't stay. I really hope that one day we will encourage native bats back here," he says.

Content provided by Hamilton City Council Senior Communications Advisor, Jeff Neems



Mr Stephen Wood with students L-R Sam Robertson, Jack O'Halloran, Valerij Kraakman and Michael Barton



DEVELOPMENT TEAM



With the 1st XV moving to a new competition, the Development Team had the opportunity to step up and compete in the Division 1 competition. It was a challenge that the entire team embraced and were excited to defend the title already held by the school.

A successful season ended with the team placing top of the table and a final against Hillcrest College. The final saw a great level of support from parents and school supporters. The battle to retain the Tricolour Trophy and Ian Foster Shield was fierce and both teams came with their 'A' game.

It was a tense game throughout and each of our young men stood up. After resolute defence with Hillcrest on attack a dropped/missed pass by Hillcrest saw Daktoa Marsh swoop in and capitalise on the opportunity and run 70 metres to score the winning try on full-time, securing the trophies back for the school.

Congratulations to all of the team members, the coaches and management. A big thank you to the parent supporters and sponsors.



RUGBY - 1ST XV



The 1st XV had an outstanding year culminating in a nail biting finish against Hamilton Boy's High School.

The season started with the Chiefs Cup campaign and a narrow loss against defending national champions Rotorua Boy's High. The televised game against Manurewa High School was a highlight and was the first game for the inaugural Counties-Manukau Waikato 1st XV competition. St John's proved to be a dominant force in this competition with a finals match against Manurewa High School securing St John's the trophy for the season.

A highlight for the team this year was a trip to Brisbane to play against two prestigious Australian Rugby Schools, St Joseph's Nudgee and Brisbane Boy's High School. Both of these games saw St John's win by a margin on 50 points.

The final game against Hamilton Boy's High School saw St John's dominate from the start and get some well earned points on the board. This level of intensity continued throughout the game and the level of rugby was outstanding. Unfortunately, Boy's High scored late in the game seeing them take out the win by three points.

The team continues to go from strength to strength and the dedication that the team displays is nothing less than professional.





CHIEFS TALENT



Fifty-eight players from across the Chiefs franchise were selected to participate in the Chief's under-18 camp during the July

school holidays. One of those was St John's year 12 student Siave Seti. The camp was overseen by the Chiefs' player identification and development manager, Kent Currie. Chiefs coaches Dave Rennie, Kieran Keane, Neil Barnes, Andrew Strawbridge and Paul Williams made themselves available on one of the days and for nearly three hours gave lessons, ran drills and engaged with all of the players.

Following the camp, Siave was selected to train with the Waikato U17 team. Congratulations Siave.

U65KG CHAMPIONS



The SJC U65 kg (Gold) rugby team won the Waikato Secondary School U65 division with a hard fought 24-17 victory in the final vs St Paul's Collegiate played on 20th of August. The team were the standout performers in the competition over the season, beginning with a preseason win over St Paul's followed by 7 wins and a draw during the regular season. This put the team at the top of the table with 37 points heading into the finals rounds with home advantage. The semi-final against HBHS resulted in a solid 15-0 win which was then followed by the win over St Paul's the following weekend for the Jonno Gibbes Trophy. There were 383 points scored and 51 against for the whole season across 17 try scorers. On five occasions during the season, the opposition was held scoreless. Every player in the squad of 21 contributed to the outstanding success of the season with the team well coached by Mr Bradley Edmondson and Mr Taira Terito and managed by Nigel McWilliam.

PROFILE ON MUSIC

Our music programme wouldn't be a success without high calibre and talented staff and tutors. We highlight two of our music tutors who are part of the St John's school community.



Adrian Hayward

Mr Adrian Hayward prepares our most senior drummers for performance assessments and trains the American style drum corps/drum line. Adrian develops students' skills for performance assessment including all three NCEA Levels of performance.

Adrian has proven to be a most valuable music tutor over a sustained period, ensuring his charges extend themselves and reach their potential, individually and as members of ensembles. In performance, he is experienced, has sublime technical skills, and is in high demand as a professional drummer. Having Adrian in the St John's College stable of itinerant teachers of music brings kudos to our college and places our students among the best trained and prepared for music education and other musical pursuits beyond high school.

Adrian is a member of staff on the regional Waikato Itinerant Music Scheme and services a number of schools. He has been integral in setting up and maintaining the very active performance aspect of St John's music programme including traveling internationally, recently to New York, Samoa and France.

Nathan Bregmen is an itinerant teacher of music (percussion) at St John's College. As well as specialising in drum kit, he comes to St John's College with expertise in African Drumming as well as a percussion programme that especially targets students at risk. He has made his user-pays lessons accessible by teaching in small groups. He often has three boys learning simultaneously, each in their own neighbouring drum studio.

Graphic designer, entrepreneur and percussionist, Nathan has been making music for most of his life. He has been involved with many original rock music projects over the last 20 years, including stints with local bands Aether, Rose Petals and Confetti, St Lucy, and World War Four.

Over the last five years Nathan's focus has turned towards African drumming and world music after studying with Jimi Dale in Auckland. This has led him to explore the positive effects group percussion playing can have on health, learning, and well-being.

Nathan teaches African drumming to both adults and children, including the St John's College community, and he is looking forward to expanding this skill set to help those with special needs.

THEATRE SPORTS

Unfortunately St John's Theatre Sports teams didn't place high enough to get into the finals this year but had a good year nonetheless. Marshall Hallen (Team Captain), Ben Wilson, Christian Tong, Matthew Donderwinkel and Tyrell Tamaki made up the Senior team, while Vinnie Hermann (Team Captain), Thomas Srhoj and Connor Zampese (with Daunte Tamaki in reserve) made up the Junior team. The season was full of memorable moments and as usual the Seniors created the majority of the requested action replays, while the Juniors made huge steps in their improvisational skills and improved greatly each game.

THEATRESPORTS RUNS EVERY TUESDAY BREAK TWO IN THE DRAMA ROOM - ALL ARE WELCOME TO EITHER PARTICIPATE OR SPECTATE.



Senior and Junior Theatre Sports team



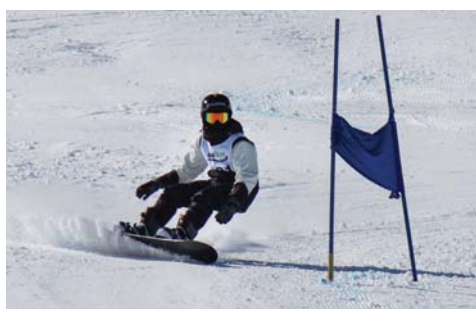
WAIKATO SECONDARY SCHOOLS SKI & SNOWBOARD COMPETITION



Henry Ryan



Louie Vanner



Carter Pointon



Joshua Muller

On the 19th of August, 14 students headed to Turoa Ski Field on Mt Ruapehu to compete in the Waikato Secondary Schools Ski and Snowboard competition. The team was spoilt with three perfect 'bluebird' days and good conditions for competition. The team came away with some great results. Year 10 student, Henry Ryan finished 3rd in the boys Giant Slalom with Josh Muller not far behind in 5th. Louie Vanner was our best finishing Snowboarder in 14th place.

The team consisted of Louie Vanner, Henry Ryan, Joshua Muller, Bradley van Rooyen, Coran Playle, Lucas Jones, Dylan Ryan, Keith MacDonald, Kane Patterson, Zac Ong, Carter Pointon, Max McQuoid and Daniel Ward. Their next event is the North Island Secondary Schools Competitions in September

YEAR 9 RUGBY TOURNAMENT

Once again the annual Year 9 Rugby Tournament was a success. The Phillip Graham Trophy was fiercely contested during lunchtimes of Weeks 3-5 of Term 3. The Year 13 students in 13SPS had leadership roles to coach a Year 9 core class to be competitive in the tournament.

It was pleasing that the Year 9's fully embraced the tournament by adhering to the rules and involving themselves as much as possible. The skill level for this year was awesome to watch.

The rugby field was divided into three 30m x 50m playing fields. Each core class was given a specific colour to wear, mouth-guards were compulsory, bare feet to be worn, it was 10 a-side with 'golden oldie' scrums and no pick & goes. The latter rule proved to be a difficult rule to abide by as it was in some players nature to automatically do so. It was included to free up the space in the back line.

Throughout the round robin 9S and 9M proved to be the domineering teams who fought out a great final. In the end 9S played better to the conditions and executed their game plan the best eventually winning 3-1.

Well done to all the boys who participated in the tournament and a big thank you to those other students asked to referee games.

- H. Miller, Year 13 Sport Science Teacher

MOTOCROSS

It would've had to have been the coldest and bleakest of winter days when the St John's Motocross team took to the track for the Cambridge High School cross country race on the 5th August. After completing the practice run in 2.5 hours (which initially was set for about 90 minutes) the boys were off to compete. The photos tell a thousand words and while we would like to give individual credit to our boys', it's pretty hard tell who is who from the mud! Thankfully, none of our boys were injured (or lost) during the competition, although the same can't be said for the bikes or the school tent, and the team received a well-deserved 2nd overall placing.



Individual results on the day were:

12-16yr Expert Class

Luke van der Lee 2nd / Devyn Sheehan 9th

12-14 yr 125cc Intermediate Class

Leon Jobe 4th

15-16yr Expert 125cc Class

Tavyn Booth-Charlesworth 4th

Aidan Laird was also riding but had a hard day in the deep mud, finishing up in 29th place but he contributed to the overall placing of 2nd.



ATHLETE DEVELOPMENT

As part of the emerging relationship between St John's College, Wintec, and AUT SPRINZ, some student athletes have had the opportunity to be involved in some groundbreaking research. Taking part in university research projects is a great opportunity to expose the boys to research, technology, and the field of sport science.

Undergraduate students from Wintec came out to collect some data with the year 10 SPI boys for their research projects examining sprint mechanics and jump performance. The students then went through 6 weeks of different jump training protocols to determine the effectiveness of each. Once the data is analysed, training recommendations can be dispersed to the other students and coaches at SJC.

In addition, some of the Development XV rugby squad is serving as subjects for a study of a fellow PhD student from AUT SPRINZ. The research is focused on change of direction, an action common in rugby and many other team sports. Several of the boys underwent some pre-testing and will go through some jump training to determine the link between strength, power, and change of direction ability. The PhD student, Frank Bourgeois, was Director of Athlete Development Andrew Pichardo's first strength and conditioning mentor at Midwestern State University in Texas.

Projects like these are just the beginning for the sports department at SJC as we hope to continue incorporating science into training, talent identification, and creating an engaging atmosphere for our student athletes. These studies are also mutually beneficial, as they allow university students to contribute to the field and provide valuable information to our athletes and coaches that could not be obtained otherwise.



TOURNAMENT WEEK

FOOTBALL

Football at the College is strong. This year the College had 8 Football teams (4 Senior & 4 Junior). Once again St John's College competed well.

The 1st XI and Colts A teams qualified in the Top 4 in the Waikato Secondary School competition Premier grades. It came down to the final qualifying game against fellow Catholic School John Paul College from Rotorua to determine who would go through to the National Tournament. The boys went 1-nil down early in the game to a lapse of concentration at the back. Just before half-time Jamie McMillan scored with his head to level the scores. The decider was scored from a beautifully worked move down the flank with some inter-play between Callum MacLeod & Prince Mabounda to where a 'sweaty ball' was played across the box for Jack O'Leary to slot home. The 1st XI gained automatic qualification to the Lotto Premier National Tournament held in Papamoa from the 29th August – 2nd September earning the right to play against the top schools in the country. The team placed 27th overall in this competition.

Meanwhile the Colts A made it through to the Knock-out Semi-Final narrowly losing 2-1 to HBHS. The Senior White & Colts B teams finished in the top half of Division 3 in their respective grades. This success is attributed by player development, good coaching, player work ethic (striving for excellence) and the inclusion of the Sports Institute.

All teams have worked through adversity and many injuries and sicknesses throughout the season. Thank you to all the parents and volunteers this year. Your support and commitment has been once again fantastic.

- H. Miller, T.I.C Football



BASKETBALL

Regional tournaments have concluded with some great results for our lads.

A big shout out to our Senior Premier (Eagles) lads who finished 2nd in Zone 2 hence qualifying again for Nationals, carrying on the proud SJC tradition. The team came together extremely well over the tournament and did us proud, huge thanks to Bev and Puks as coaches and Jalna Simmons for being a mother to everyone for four days, those lads sure got looked after!!! Thanks also to Dean Jones who provided valuable support.

Our Senior B team (Ospreys) also finished a very credible 15th in the premier grade which was a big ask for a young team but they did us proud as well with their determination. Big thanks to coach Lyn and Miss B for keeping these characters on task!! Definitely some lads to watch out for in this team!!

The week before in the Junior Zones our Premier Junior team (Kestrels) finished 10th which was a great effort for a team of mainly year 9 lads coming from a tough pool which ended up with four teams making the top 10. There is plenty of noise out there about what these guys can do next year!!! Big thanks to coach Puke Lenden!!

Our Junior B (Hawks) finished 8th in the A grade which was another sound effort against other schools A sides and were well coached by Brandyn Were. These guys only came together late but all benefited from the experience and a great time was had by all.

Special thanks from both teams must go to Lou Were for all her work leading up to the tournament and for keeping everyone well fed and on task!!

Overall plenty of people talking about SJC over the two tournaments for all the right reasons, the way we conducted ourselves on and off the court was a credit to all involved and plenty of promise shown from these fine young men!!



HOCKEY

Our 1st XI Hockey boys have done us proud this year having had a successful season in the B grade of the Secondary Division. They have succeeded in getting a first place in the grade and are going to step up to the challenge of the A grade in 2017. The team is made up of a selection of year groups and this allows our coaches to develop players for several years before they leave St John's College.

Our coaches, Cameron Schinkel and Paul Hamlin are both St John's Old Boys and have had a large part to play in getting these boys to where they are today. Our manager, Alan Haigh, must be acknowledged for his dedication to the team as well.

The team competed in the Olympic Stick tournament at Ngatea during winter tournament week. They had a very successful tournament placing 2nd overall in a tight 1-0 final against Avondale College.

A big thank you to our sponsors who have helped support us during the season.

Swamp Frog / A-Line Sheetmetals / Livingstone / Nemesys / Rural Business Solutions / Lion Foundation / Ohinepane Foundation Trust / Curle Electrical Services Ltd



SWIMMING

What a fantastic year with swimming. In September, we were able to take seven students to Wellington to compete in the NZ Secondary Schools Competition. This is the biggest group we have entered in a very long time.

It was a successful meet with Nye Linton, Thomas Coombes and Matt Foster having outstanding races to beat their own PB's and Max Stubbs winning gold in the 200m butterfly and silver in the 200m individual medley. Overall the team placed 15th.

A huge thanks to the Lion Foundation and Countdown Claudelands for their sponsorship in helping the boys reach their dreams. Lastly thank you to all the parents for the support given to the team.

ROWING PROGRAMME

St John's College Rowing continues to grow. The season has started up properly but there is still room available for those who want to row. Building on the successes of last season, we are establishing an excellent culture within the rowing programme. Rowing builds skills and values such as dedication, sacrifice and teamwork. We have new plant and are looking forward to getting boys to row it down the course – FAST!

If you are interested in joining rowing, please talk to Mr Tierney in the deans' office during form time so you can get a permission form.



WAIKATO CULINARY FAIR

Students from our Food Technology department competed in the Culinary Fare held at Wintec in the last week of the second term. The students dedicated a lot of their time to intensive practicing and honing of their skills

Isaac Sherburn and Marcus Ridgway (Year 10) entered the live kitchen category where they were given a mystery box of ingredients and were required to serve two portions of a main course. Their dedication and perseverance saw them earn a bronze medal.

Max McQuoid and Daniel Ward (Year 9) entered the cold dessert category with their take on a blueberry cheesecake. It was well presented and earned them a bronze medal.

Antony Silich (Year 9) entered the cupcake category and chose a cosmic theme, presenting his cupcakes in a glistening, two tiered display. His cupcakes featured an Oreo biscuit base, Oreo butter cream and a flying saucer topper. The judges were impressed with his effort and design and awarded him a well-deserved silver medal!

The boys took advantage of an awesome opportunity to experience a culinary competition and enjoyed spending time in the campus cafeteria and exploring the engineering workshops. Two St John's old boys were competing in the professional categories and it was good to catch up with them. Credit must be given to our hosts and sponsors for their professionalism and generosity.

Well done boys, you can be proud of your effort and especially for giving it a go!



Isaac Sherburn and Marcus Ridgway



Antony Silich's cosmic themed cupcake



Max McQuoid and Daniel Ward's Cold dessert



YR13 DIGITAL TECHNOLOGIES



Year 13 students had an opportunity to take part in a University of Waikato level 1 "Introduction to Computer Science" paper. The students worked incredibly hard and the results were impressive with the majority getting grade A or higher.

"As part of the St John's College Level 3 Digital Technologies class I was given the opportunity to do the COMP103 course for the University of Waikato. It was a tough decision to make, whether I was going to do it or not due to the course adding to school work, but after some time thinking it over I saw that it was very beneficial for my future. The course originally lasted 10 weeks although there were a few students that had trouble setting themselves up therefore the paper dragged out longer than we had expected.

The course was fairly challenging and at some points a little overwhelming but there was a lot of support and help from the course professor as he would regularly answer most questions provided by the student and ran three tutorials each week so that each student could attend. There was also support from other students as well as we were able to help each other out and share ideas with some of the smaller assignments of the paper. In general, I thoroughly enjoyed the course and look forward to continuing my studies in university. Lastly I would strongly recommend it to all future St John's College students that are given the opportunity to undergo the course as it heavily advantages its members in university."

- Ignacio Navarro

STUDY TIPS

With NCEA exams fast approaching, we recognise, that for many of our students, starting to study (or learning to study) is the biggest hurdle. To help them get started we encourage them to download a copy of our revision planner template for 2016 which is available on our website and to sit down and plan a realistic revision schedule. We have also put together a 'Revision - What Works' document, also available on our website, which all students and parents should read.

Some useful revision techniques include:

Look, cover, write, check! Re-working notes

→ Look at a revision card, case study summary or page of topic notes for a fixed period of time (5mins) → Cover up the notes – Then try to write down everything you can remember from the notes in a limited period of time (5 mins) → Then check back against the original notes, adding what has been left out or forgotten in a different colour. Use these re-worked notes when revising this topic again → The mind will focus harder on the words written in a different colour (i.e. what it found difficult to remember the first time!). This technique can also be used for remembering diagrams.

Mind-mapping

→ Mirrors how the brain works
→ Makes use of linking
→ Makes use of different learning styles
→ Saves time as only key words are recorded
→ Ideas are easy to remember
→ Stimulates the right (pictures) and left (words) side of the brain
→ Easy to review and to recreate from memory

Linking to remember. Show students 10-20 words, images or objects → Ask them to write down as many as they can remember. Then look at ways of grouping these words, images or objects (based on topic themes etc) → Cover them up again and ask the students to see how many they can remember this time.

Stories can be another powerful memory tool. Link words in a story and ask students to visualise the story (similar to remembering a shopping list. → Rehearse it out-loud. Students speak what they are learning onto an audio-tape or podcast. They play it back and listen to the information. This can add variety to revision and aid concentration. → Encourage students to use colours, images and diagrams to help them remember things. Labelling diagrams and photo images with key words and names of features or processes can aid memory.

Build in unusual information → the brain will remember things that are different or funny. Create an interest! Encourage students to find reasons why they might be interested in learning something.

Regular review. Students could stick posters, mind maps, diagrams, key word flash cards around a room so that they can return to them regularly giving the brain lots of opportunities to refresh the memory.

Move it around! Write and draw things on cards and post-it stickers, then move them around while trying to learn these things.

Traffic lights. Use this technique to check progress with revision. Green = got it! Amber = not sure? Red = don't get it! Students check with others and help with their red and amber topics (peer teaching).

Experiment with music. Try playing some relaxing music in the background while trying to learn something. Research shows this has a positive effect on brain waves!

Back-to-back. Students sit in pairs, back-to-back, close enough to hear. Student A is given visual material (an image or diagram). B has a plain piece of paper and a pencil. A describes the visual to B who draws it. B can ask questions too. After a few minutes, the partners compare the original with the copy. De-briefing should focus on the technical language needed. This strategy can help to develop students' skills for describing and explaining.



APPLYING FOR SCHOLARSHIPS

For those moving onto tertiary study next year it may be worthwhile investigating what scholarships are available now.

There are a large amount of scholarships on offer, so it's a good idea to do some research and understand the requirements of each of the scholarships. University webpages will all have a list of scholarships available but you can also use the givME website to access more than 4,000 scholarships and grants for individuals.

When applying for a scholarship ensure you:

- Check the regulations.
 - Read the regulations carefully to ensure that you are eligible to apply for the scholarship.
- Prepare a great cover letter and/or CV
 - Take the time to prepare a cover letter and/or CV that show that you are the best candidate for the scholarship.
- Support your application
 - If applying for a scholarship that will be awarded based on non-academic factors, make sure you include documentation that will support your achievements in this area.
- Prepare your referees carefully
 - If your application requires a referee, make sure that they are aware that you have applied and what the regulations are for your scholarship application.
- Research the Scholarship/Award
 - Get as much information about the scholarship and the sponsor as you can. This information is often found in the regulations.
- Provide accurate contact details
 - A number of scholarships aren't awarded until the beginning of the academic year. Make sure your contact details are kept up to date.
- Remember to present yourself in a way that makes a good impression and who why you are deserving of the scholarship.

THE NEW ZEALAND PROGRAMMING CONTEST 2016



On Saturday 6th August a group of students took part in what was a difficult and challenging exercise, the New Zealand Programming Contest. The team were the youngest in the competition, many competitors were university students.

The contest was pitched as 'being the most fun you can have with a computer'. Teams consisted of 1-3 programmers and had to tackle a pile of 20(ish) programming problems. There was a wide range of difficulty levels, some suited to beginner programmers, some challenged the mighty!

The team had a great day and are all convinced that they can do better and next year intend to go back and give another go.

BUILD YOUR OWN PC

St John's Computer Technician, Mr Silas Burton has taken e-Waste to a new level. Under his guidance, three students have recently had the opportunity to build their own PC. The build has included showing the students how to service a PC and install an operating system. Once finished, the students were able to take their newly built PC's home.

EVOLOCITY UPDATE



Evolocity - Principal Mr Tong trialing one of the electric vehicles.

Fifteen schools competed in the inaugural Waikato EVolocity challenge held in September at Kartsport Hamilton. The challenge that ran over about nine months, required St John's students to design, build and test drive an electric kart. With two karts in the challenge St John's came out tops winning the overall best performance, drag race fastest kart, fastest deceleration, rolling resistance kart and best innovation. Feedback from industry specialists was positive, with a number of industry reps showing a real interest in our karts and the obvious talent that took to build them.

The team are now preparing to get their karts down to Christchurch for the National finals.



WAIKATO ROBOCUP 2016



Students in year 10 completed a unit of work to build a robot for the New Zealand Robocup competition. The top two teams then went on to the Waikato regional competition at Hillcrest. The teams both did well and the judges were impressed with their knowledge and creativity. The boys taking 1st and 2nd place, next they move onto the nationals in Auckland on September 10th.

"Our team really enjoyed competing at regionals and it was awesome to see the other robots from schools across Hamilton competing in Robocup. We talked to some of the like-minded people who were competing and at the end of the day, we took out the competition which felt amazing!"

- **Seshan**

"It was an incredibly fun filled day, which involved interacting with like-minded people. Presenting and also looking at other's robots was an amazing experience, and at the end of day, winning it was awesome!"

- **Anthony**

"The team really enjoyed the day out. It was a very fun competition, interacting with like-minded others as well as taking out the competition. We are extremely excited but also very nervous to be participating at Nationals."

- **Sacha**



'IN THE DAYS OF CAPONE' - A NIGHT OF 1920'S GLITZ, GLAMOUR AND GANGSTERS





PREPARING YOUNG MEN FOR LIFE

